## GLUTEN FREE MENU*

THE UPPER LARGO
HOTEL • BAR • RESTAURANT

## The upper Largo Hotel \& Restaurant

*The Upper Largo Hotel \& Restaurant is pleased to offer a variety of gluten free options on our food menu.
We are not a gluten-free restaurant and cannot ensure that cross contamination will never occur.
We have processes in place to minimize that happening but there is a great deal of gluten in the air and on our work surfaces.
If you are a Celiac and/or highly sensitive please advise the person taking your order and know that we will do our best, but cannot guarantee your order will not touch gluten somewhere in the process.

Freshly Made Soup of the Day *
Toasted Gluten Free Bread £6.50

## Shetland Mussels Mariniere

Garlic - White Wine - Cream - Parsley -
Toasted Gluten Free Bread

- $\quad 1 / 2$ Kilo $£ 11.50$
- 1 Kilo $£ 18.50$


## Salt \& Pepper Chicken Wings <br> Sriracha Mayonnaise - Sweet pickled Vegetable Salad £8.95

Vegan Chilli Nachos (V) (VG)
Three Cheese Vegan Chilli - Tomato \& Melted Cheese -
soured Cream - pickled Jalapeños $£ 9.50$

## Seafood Caesar Salad

Crispy Squid - Oak Smoked Salmon - Garlic Mussels - King Prawns - Cos Lettuce - Caesar Dressing - Parmesan
Small-£11.50 Large $-£ 18.50$
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Thai Green Marinated Chicken Skewers
coconut Rice - Chilli \& Lime Dressed Seasonal Salad - Scorched Lime £18.95

Pan Fried Fillet of Seabass
Spring Onion Mash - Curried Leeks - Fine Green Beans $£ 19.50$

## Slow Braised Shoulder of Beef

Boiled OR Crispy Duck Fat Roast Potatoes, Seasonal Vegetables £18.95

Grilled Haddock
Boiled OR Crispy Duck Fat Roast Potatoes - Tartare Sauce - Garden OR Mushy Peas $£ 16.50$

## 28 day Matured 10 oz . Sirloin Steak

Roast Flat Cap Mushrooms - Grilled Vine Tomato - Boiled OR Crispy Duck Fat Roast Potatoes $£ 32.50$

## Braised Ox Cheek

Maris Piper \& Butternut Squash Gratin - Chantenay Carrots - Red wine \& Rosemary Jus £21.50

Plant Based Vegan Burger (V) (VG)
Toasted Vegan Brioche Bun - Crunchy Lettuce - Roast Red Pepper - Vine Tomatoes - Crunchy Coleslaw £14.95
ADD Vegan Chilli (V) (VG) (GF) $+£ 3.50$
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Chocolate \& Orange Torte (V)(VG)
cointrean Soaked Orange Segments - Candied Orange Gel
$£ 7.95$

## Affogato

Steaming Hot Espresso - Vanilla Ice Cream £5.95

- ADD LIQUEUR OF YOUR CHOICE $£ 9.50$


## Trio of Ice Creams

Traditional Vanilla - Honeycomb - Chocolate -
Strawberry - Salted Caramel
$£ 6.95$

## Strawberry Pavlova Sundae

Local Strawberries - Meringue -
Chantilly Cream - Vanilla Ice Cream - Strawberry Coulis £7.95

## Scottish Cheese Platter <br> Oatcakes - Red Onion Chutney <br> $£ 9.50$

* as our soup is freshly made and is seasonal, we cannot guarantee that the soup of the day will be gF.

