



**THE UPPER LARGO**  
HOTEL • BAR • RESTAURANT

# GLUTEN FREE MENU\*

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The Upper Largo Hotel & Restaurant

\*The Upper Largo Hotel & Restaurant is pleased to offer a variety of gluten free options on our food menu.

**We are not a gluten-free restaurant** and cannot ensure that cross contamination will never occur.

We have processes in place to minimize that happening but there is a great deal of gluten in the air and on our work surfaces.

If you are a Celiac and/or highly sensitive please advise the person taking your order and know that we will do our best, but cannot guarantee your order will not touch gluten somewhere in the process.

## Freshly Made Soup of the Day \*

Toasted Gluten Free Bread  
£6.50

## Goats Cheese Mousse

Beetroot Ketchup – Sweet & Sour Beetroot –  
Herb Oil – Dressed Rocket – Crispy Onions  
£8.95

## Salt & Pepper Crispy Squid

Sriracha Mayonnaise - Sweet Pickled Vegetable Salad  
£8.50

## Vegan Chilli Nachos (V) (VG)

Three Cheese Vegan Chilli - Tomato & Melted Cheese -  
Soured Cream – Pickled Jalapeños  
**ALT.** - Beef Chilli  
£9.50

## Vietnamese Spiced Pulled Pork Ramen

Pak Choi – Baby Corn – Chicken Broth – Soft Boiled Egg  
£9.50

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## Slow Braised Shoulder of Beef

Boiled **OR** Crispy Duck Fat Roast Potatoes, Seasonal Vegetables  
£18.95

## Grilled Haddock

Boiled **OR** Crispy Duck Fat Roast Potatoes – Tartare Sauce – Garden **OR** Mushy Peas  
£16.50

## 28 day Matured 10 oz. Sirloin Steak

Roast Flat Cap Mushrooms – Grilled Vine Tomato - Boiled **OR** Crispy Duck Fat Roast Potatoes  
£32.50

## Confit Pork Belly

Creamy Mash – Tenderstem Broccoli – Cumin Buttered Carrots – Apple Brandy Jus  
£18.95

## Roast Fillet of Cod

Butterbean, Chorizo & Tomato Ragú – Wilted Kale  
£18.50

## Pan Fried Pheasant Breast

Potato & Herb Rosti – Braised Red Cabbage – Pickled Brambles – Red Wine Reduction  
£19.95

## Plant Based Vegan Burger (V) (VG)

Toasted Vegan Brioche Bun – Crunchy Lettuce – Roast Red Pepper – Vine Tomatoes – Crunchy Coleslaw  
£14.95

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## Chocolate & Orange Torte (V)(VG)

Cointreau Soaked Orange Segments – Candied Orange Gel  
£7.95

## Affogato

Steaming Hot Espresso – Vanilla Ice Cream  
£5.95

- ADD LIQUEUR OF YOUR CHOICE £9.50

## Trio of Ice Creams

Traditional Vanilla – Honeycomb – Chocolate –  
Strawberry – Salted Caramel  
£6.95

## Scottish Cheese Platter

Oatcakes – Red Onion Chutney  
£8.95

\* AS OUR SOUP IS FRESHLY MADE AND IS SEASONAL, WE CANNOT GUARANTEE THAT THE SOUP OF THE DAY WILL BE GF.